

VOLUNTEER POSITION DESCRIPTION

'ADMIN' GROUP FACILITATOR

IS THIS YOU?

- Knowledge of AOD use within transgender, non-binary and gender diverse communities
- A person with a lived experience of being transgender, non-binary and/or gender diverse
- Knowledge/the ability and interest to develop knowledge on harm-reduction, relapse prevention and AOD based risk identification
- Willingness to support people in meeting their goals related to their AOD use, specifically supporting and championing safe/r use, planned use and reduced use, as well as abstinence
- Availability to attend an afterhours group either fortnightly or monthly

WHAT'S IN IT FOR ME?

- The opportunity to meet and learn from other group facilitators
- Increase your group facilitator skills and knowledge
- The ability to support, connect with and develop connection between people who identify as being transgender, non-binary and/or gender diverse
- Individual and group supervision

WHAT WILL I BE DOING?

- Co-facilitating the 'ADMIN' peerled, goal based, support recovery group
- Discussing evidence-based relapse prevention strategies with group participants
- Providing a brief description/handover of group activity to other peer facilitators, to ensure consistency in group facilitation
- Responding to risk and directly feeding up high-risk situations to volunteer manager

IMPORTANT DETAILS

- Reporting to the AOD Team Leader
- Working within THH Privacy Policy and Professional Codes of Practice
- Volunteers are asked to commit to:
 - A minimum one year term
 - 3 hours per month
 - Attendance at quarterly 2 hour group supervision (additional supervision available)
- Requirements: Working with Children Check, Police Check, Code of Conduct, Volunteer Induction, Client Confidentiality Agreement







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PROGRAM OVERVIEW

ADMIN is a free and confidential group for trans, non-binary and gender diverse people looking to better manage their alcohol and drug use. ADMIN is facilitated by trans, non-binary and gender diverse folks — so facilitators will be better equip in understanding community need and have the ability to create a safe and respectful space specifically for members of the transgender, non-binary and gender diverse community.

ADMIN is all about meeting participant where they are at - which might mean supporting people to gain more control over their use, reduce it or stop all together. We have a harm reduction framework – meaning we support participants to reduce the harms that come about from using alcohol and other drugs.

In the group we will support participants to identify goals around AOD use and develop strategies to achieve these goals long term.

Participants are welcome to come for one session or attend every fortnight.

ADDITIONAL INFORMATION

Our AOD Services are based at sites in St Kilda Road, Fitzroy and Coburg, and out posted services are provided at other services according to client need.

Our main counselling site is in St Kilda Road, from where we provide a range of services. Our AOD partner agencies premises in Coburg and Fitzroy will be used to provide counselling and care coordination services in the Inner North. While face-to-face individual and group interventions are the mainstay of the AOD Services, we will utilise other forms of service delivery (e.g., peer support) as an adjunct and according to the circumstances and needs of clients.

