

# Transgender and Gender Diverse Cultural Sensitivity and Awareness Training

## WHAT WILL THE TRAINING DO FOR YOU?

This training will assist your organisation to develop greater knowledge, skills and best practice in working with trans and gender diverse people. The course content offered will further your understanding of how to work effectively with trans and gender diverse people and will support you and your organisation to:

- **Build understanding of trans and gender diverse health and wellbeing**
- **Understand the importance and use of respectful and appropriate language**
- **Understand the impact of discrimination on trans and gender diverse people**
- **Understand and apply the legislative and legal requirements to respect and recognise gender identity**
- **Explore and develop trans and gender diverse policy and practice recommendations**
- **Develop strategies to create cultural safety**

## TRAINING FORMAT

Our training typically runs for 1.5 – 2.5 hours with a break. We can customise the training to suit your needs.

## WHERE IS THE TRAINING HELD?

We can travel to your organisation or host your team at our St Kilda Road facilities. We can travel to any location in Victoria and interstate, however some regional and rural areas may incur additional travel fees.

## COST

For further information on cost or to receive a quote for your THH training please contact [training@thorneharbour.org](mailto:training@thorneharbour.org) or visit our website to send an enquiry.

## ABOUT THORNE HARBOUR HEALTH

Building on our legacy in the community response to HIV and AIDS, Thorne Harbour Health aims to improve the health and wellbeing of our LGBTI communities. Through advocacy, health promotion, and collaboration, we seek to address those issues impacting LGBTI health.

## ABOUT THH SERVICES

THH provides a range of services and support for the LGBTI community including; Alcohol and Other Drug services, Counselling, LGBTI clinical services, Trans and gender diverse health, sexual health services, relationship and family violence support and services for people living with HIV.

## ABOUT THH TRAINING AND CAPACITY BUILDING

THH Training and Capacity Building aims to develop the workforce, improve sector capacity and awareness of the unique and complex vulnerabilities in LGBTI communities. THH training promotes a safe learning environment and this training is facilitated by LGBTI identified trainers to enable constructive and empathetic discussions and interactions to take place.

## SECONDARY CONSULTATION

Thorne Harbour Health staff will be available for one-off 'case based' discussions with staff from your organisation via phone, email, skype or face to face. Secondary consultation is ongoing.

## REFLECTIVE PRACTICE SESSIONS

Sessions are built around a series of structured questions. These are designed to support practitioners to reflect on their own feelings, beliefs and experiences in a constructive way, whilst identifying existing strengths and competencies they can draw on when developing their LGBTIQ affirmative practice. Sessions are customised according to organisational need and can include modules such as roleplaying, facilitated group discussion, clinical supervision, group exercises and supported individual work.