

VOLUNTEER POSITION DESCRIPTION



WE ARE A COMMUNITY-CONTROLLED
ORGANISATION, GOVERNED BY OUR MEMBERS,
AND WORKING FOR OUR
SEX, SEXUALITY AND GENDER DIVERSE
COMMUNITIES

OUR VISION

WE ENVISION A HEALTHY FUTURE FOR
OUR SEX, SEXUALITY
AND GENDER DIVERSE COMMUNITIES, A
FUTURE WITHOUT
HIV, WHERE ALL PEOPLE LIVE WITH
DIGNITY AND WELLBEING.

COUNSELLOR PG 1

IS THIS YOU?

- An LGBTI person or ally wanting to make a difference in our community with your professional skills
- Looking for a unique role to practice your skills
- A counsellor interested in working with diverse groups such as LGBTI people or those affected or living with HIV or Hepatitis C

WHAT'S IN IT FOR ME?

- The opportunity to meet and learn from other clinicians
- The opportunity to increase your clinical skills and knowledge through working with a diverse range of clients
- A thorough induction to the organisation and the work of the team
- Regular training opportunities
- Individual and group supervision

QUALIFICATIONS

- A Relevant tertiary qualification in health or welfare, such as social work, psychology, or counselling
- Membership of a relevant professional association (e.g., AASW, AHPRA, APS, PACFA or ACA)

IMPORTANT DETAILS

- Volunteers are asked to commit to:
 - A one year term
 - 3 hours of volunteer work per week
 - Attendance at monthly individual (1 hour) and group (2 hour) supervision

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DO YOU HAVE

- Knowledge of and experience with evidence-based therapeutic frameworks suitable for short-term counselling practice
- Experience and competence in the delivery of face-to-face individual, family, or group counselling involving a diverse client group, preferably with people living with or affected by HIV, Hepatitis C, and/or from LGBTI communities and their families. The experience of couples counselling is also desirable.
- An interest and willingness to work with people from LGBTI communities and people living with or affected by HIV and/or Hepatitis C, in a non-judgmental and respectful manner
- Ability to convey warmth, openness, empathy and concern for the welfare of clients and their families
- Highly developed oral and written communication, organisational and administrative / reporting skills
- Capacity and willingness to contribute to a supportive and productive team environment

WHAT WILL I BE DOING?

- Delivering high quality, evidence-based, short-term therapeutic counselling relating to the health and well-being of individuals, couples, families and groups who are affected by HIV/AIDS or Hepatitis C, and to LGBTI clients on a wide range of issues
- In collaboration with the client(s) and their significant others:
 - Determining details of the type and duration of counselling interventions required to address the therapeutic needs of the client, building on the plan provided at intake and assessment
 - Delivering evidence-based, person-centred, LGBTI affirmative psychosocial interventions including but not limited to brief interventions, cognitive behavioural therapies, psycho-education, motivational enhancement therapy, social behavioural therapy and group work
 - Undertaking exit planning
- Maintaining the required clinical caseload of approximately 3 clients at a time
- Maintaining accurate records of client case notes and contacts and ensure data entry on the client data base is up to date, accurate and complete
- Working within Thorne Harbour Health privacy policy and adhere to all Thorne Harbour Health policies and procedures, including professional codes of practice

COUNSELLOR PG 2